

Third Sunday in Lent

8:30 a.m.

March 20, 2022

11:00 a.m.

Prelude - Be Thou My Vision - Raymond Haan

Call to Worship

Since, then, we have a great high priest

let us hold fast to our confession.

Jesus, the Son of God, has passed through the heavens and earth,

and is able to sympathize with all our weaknesses.

Let us therefore approach the throne with boldness,

so that we may receive mercy and find grace to help in time of need.

Opening Hymn No. 363 - And Can It Be that I Should Gain

And can it be that I should gain

an interest in the Savior's blood!

Died he for me? who caused his pain!

For me? who him to death pursued?

Amazing love! How can it be

that thou, my God, shouldst die for me?

Amazing love! How can it be

that thou, my God, shouldst die for me?

'Tis mystery all: th' Immortal dies!

Who can explore his strange design?

In vain the firstborn seraph tries

to sound the depths of love divine.

'Tis mercy all! Let earth adore;

let angel minds inquire no more.

'Tis mercy all! Let earth adore;

let angel minds inquire no more.

He left his Father's throne above

(so free, so infinite his grace!),

emptied himself of all but love,

and bled for Adam's helpless race.

'Tis mercy all, immense and free,

for O my God, it found out me!

'Tis mercy all, immense and free,

for O my God, it found out me!

Long my imprisoned spirit lay,

fast bound in sin and nature's night;

thine eye diffused a quickening ray;

I woke, the dungeon flamed with light;

my chains fell off, my heart was free,

I rose, went forth, and followed thee.

My chains fell off, my heart was free,

I rose, went forth, and followed thee.

No condemnation now I dread;
Jesus, and all in him, is mine;
alive in him, my living Head,
and clothed in righteousness divine,
bold I approach th' eternal throne,
and claim the crown, through Christ my own.
Bold I approach th' eternal throne,
and claim the crown, through Christ my own.

Invocation (*Book of Common Prayer, 1979*)

Everlasting God, because of your tender mercy toward all people, you sent your Son, our Savior Jesus Christ, to take upon himself our flesh, and to suffer death upon the cross, that all should follow the example of his great humility. Mercifully grant that we may follow the example of his patience and also be made partakers of his resurrection; through the same Jesus Christ our Lord, Amen.

PROCLAMATION

The Word of God is read and proclaimed for all ages

Scripture Reading

Mark 5:1-20 (New Testament page 39/37)

They came to the other side of the lake, to the country of the Gerasenes. And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. He lived among the tombs; and no one could restrain him any more, even with a chain; for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. When he saw Jesus from a distance, he ran and bowed down before him; and he shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.' For he had said to him, 'Come out of the man, you unclean spirit!' Then Jesus asked him, 'What is your name?' He replied, 'My name is Legion; for we are many.' He begged him earnestly not to send them out of the country. Now there on the hillside a great herd of swine was feeding; and the unclean spirits begged him, 'Send us into the swine; let us enter them.' So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the lake, and were drowned in the lake.

The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. Those who had seen what had happened to the demoniac and to the swine reported it. Then they began to beg Jesus to leave their neighbourhood. As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. But Jesus refused, and said to him, 'Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.' And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

This is the Word of the Lord. **Thanks be to God.**

Children's Anthem (11:00) - *Siyahamba*

God's Word for Young Disciples

Anthem

8:30 - *O Sacred Head, Now Wounded* - Joel Raney

11:00 - *Lenten Sketches: Portrait of Grace* - Joseph Martin

Sermon - *Mental Health and Self-Care*

Rev. Jon Priebe

Hymn of Response No. 347 - *Spirit Song*

O let the Son of God enfold you
with his Spirit and his love.
Let him fill your heart and satisfy your soul.
O let him have the things that hold you,
and his Spirit like a dove
will descend upon your life and make you whole.
Jesus, O Jesus,
come and fill your lambs.
Jesus, O Jesus,
come and fill your lambs.

O come and sing this song with gladness
as your hearts are filled with joy.
Lift your hands in sweet surrender to his name.
O give him all your tears and sadness;
give him all your years of pain,
and you'll enter into life in Jesus' name.
Jesus, O Jesus,
come and fill your lambs.
Jesus, O Jesus,
come and fill your lambs.

Discipleship Moment

Doxology

Praise God, from whom all blessings flow; praise him all creatures here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

Lenten Spiritual Discipline: Silence

Prayers of the People and The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

SENDING FORTH

*The people of God are sent forth to serve others and witness
to their faith.*

Closing Hymn No. 337 - Only Trust Him

Come, every soul by sin oppressed,
there's mercy with the Lord;
and he will surely give you rest,
by trusting in his Word.

Refrain:

Only trust him, only trust him,
only trust him now.
He will save you, he will save you,
he will save you now.

For Jesus shed his precious blood
rich blessings to bestow;
plunge now into the crimson flood
that washes bright as snow.

(Refrain)

Yes, Jesus is the truth the way
that leads you into rest;
believe in him without delay,
and you are fully blest.

(Refrain)

Come then and join this holy band,
and on to glory go,
to dwell in that celestial land
where joys immortal flow.

(Refrain)

Benediction and Choral Response - (Hymn No. 298)

**Were the whole realm of nature mine, that were an offering far too small; love so amazing, so divine,
demands my soul, my life, my all.**

Postlude -Folkloric Suite: Canzone - Jean Langlais



The flowers on the altar are dedicated to the glory of God and given:

in loving memory of DeWitt Asher, by Shirley Asher.

Service Music: 8:30 - Chancel Choir; Greg Fiocca, cello; Roger Lewis, conductor; 11:00 - Bethlehem Choir, directed by Cristina Wade; Epworth Choir; Jacob Schmidt and Regan Lieberth, solos

Altar Guild: Carol Lewis, Paulette Wagner

Music: One License A-731491

****Please rise as you are able. Please silence all cell phones and other electronic equipment. Hearing devices and large print hymnals are available in the narthex. CDs of the service are available by signing up at the Welcome Center.**

CHURCH NOTES

Children's Activities: Next Sunday, March 27, there will be no ROCK activities because of Spring Break. In Children's Worship we will be observing Camping Sunday, so all children K through 6th grade are invited to attend to learn about summer camping opportunities.

Organ Recitals: The Thursday Organ Recitals have returned for Lent. Dean Wagner will present half hour concerts of live music in the sanctuary every Thursday from Noon to 12:30. Feel free to come in and hear the organ only as the organ can be heard!

Items Needed: Easter is just around the corner and our annual Easter Egg Hunt will be Saturday, April 9, from 11 am to noon. We are in need of small toys and candy, preferable nut free as well as small boxes of raisins and individual bags of chips. They need to be dropped off by Sunday, April 3. If you would like to help, please contact Pastor Karol.

UMW Accessory Sale: It's back! The sale will take place on Saturday, May 14, from 9 a.m. to 3 p.m. in Wesley Hall. We are asking for donations of gently used jewelry, purses, and scarves. The deadline for donations is Sunday, May 8. All money raised goes to missions.

Montgomery Scholarship: The school year is quickly winding down, and this means it is time for interested graduating seniors to apply for the Reid and Roberta Montgomery Scholarship. Applications may be picked up in the church office beginning Monday, March 28, and the deadline to submit applications will be Friday, April 22. Applicants must be a member of First Church, be a graduating senior, and be planning to enroll in college or a technical school for the 2022-2023 school year.

Stewardship: During our recent Stewardship campaign, we were reminded that living all our membership vows is a two-way street. We take on responsibilities as members, but the church covenants with us to help fulfill those vows. Our Stewardship team has obtained a Ramsey+ site license to help, and we're offering it as a free gift to help you achieve your goals of living a debt free life, giving generously, living the life you are called to live, and sharing this gift with your family. Pick up a card at the welcome center for more information, or talk to Pastor Karol.

Vacation Bible School: It's time to start planning for Vacation Bible School which will be June 13-17 from 9:00 a.m. to noon. VBS is for age 3 (by 9/30/22 and potty-trained) through 4th grade. VBS SERVE is a week of mission projects and field trips for children entering 5th and 6th grades. VBS Extreme is an afternoon program for children entering 1st through 6th grades. Complete details will be available soon. Registration will be open on April 1. Spaces are limited, so register early

Blessing Box: Our little blessing box is a true blessing to those in our community in their time of need. We are running low on the following items: Drink mixes, pasta, spaghetti sauce, canned tuna, individual packets of oatmeal, flavored rice/ pasta mixes, individual servings of cereal, canned meats, peanut butter, jelly. Please remember to not donate items in glass jars, as these items may break due to the cold weather.

Altar Flowers: We are still taking orders for altar flowers in 2022. The cost is \$38 and the church takes care of ordering and delivery. If you would like to reserve a date, contact Christy Meyers at cmeyersfallsumc@gmail.com or Ext. 210.

1st Church Feeds: Our next food distribution will take place Saturday, March 26, from 11:30 a.m. - 12:30 p.m. We will start setting up and doing our final packing at 10:30 a.m. We will pack Monday (3/21), and Friday (3/25) at 10:00 a.m. Packing will also take place Wednesday (3/23) at 7:00 p.m. Epworth will be on tour and we will be short volunteers, so if you are able to help, please email Jen LaFleur at jenlafleur98@yahoo.com to let her know your availability.

Next Steps

Mental Health

we have learned much about mental illness and our faith since the 1st century

Mark 5:5 – Why was this man injuring himself with stones?

Self-care

vs. 3-4 – What does the community do for someone who is so hard to help?

healthy boundaries with people who are ill are rarely black and white

Wholeness

vs. 19 – Why won't Jesus allow the man to leave the people who chained him up?

his healing was intended to also bring healing to his community as well

“My humanity is caught up and is inextricably bound up in yours” – Archbishop Desmond Tutu

Questions for Reflection: Many of us have persons in our lives who live with mental illness. We know the ways that these illnesses can affect not just the person, but their whole family and social network. How am I at setting healthy boundaries to care for persons like this in my life? How often do I put myself in their shoes to better understand how that person's decisions and actions are influenced by their illness? Are there ways I could better extend the healing that Jesus offers to them through love with healthy boundaries?

Questions for Discussion: Mark 5:15 tells us that when the people had heard about the demise of the herds of swine and came to see Jesus and the man who had been demon-possessed, they were afraid. We don't know exactly what they were afraid of, though. Perhaps it was Jesus, who had the power to cast out demons into herds of swine. Perhaps they were afraid for their community's economic prosperity given the loss of those livestock. Or, perhaps they were afraid of the previously demon-possessed man who now appeared to be well because they weren't sure if his healing could be trusted.

What do you think they were afraid of?

Memory Verse: **Mark 5:20** – *“And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.”*

Readings for this Week: Mark 9:1-8, Psalm 42, Matthew 18:15-22

**FIRST UNITED METHODIST CHURCH –
PRAYER BULLETIN
March 20, 2022**



MINISTERS & STAFF:

Forrest Waller

HOSPITALIZED:

MEMBERS TO BE REMEMBERED IN PRAYER:

Scott Adie	Don Corbett	David Potter
Bob Ahonen	Jean Finnegan	Robby & Lou Robinson
Shirley Asher	Dave Gohr	Kathi Sawyer
Mary Ellen Atwood	Rose Gregory	Kay Steiner
Alice Becher	Joyce Haberkost	Ken Tunstall
Behrman family	Jim Henes	Jim Vogel
Donna Copeland	George Kirk	
	Pat Park	

DEEPEST SYMPATHY & PRAYERS:

Martha Shoults and family on the death of her husband, member Dick Shoults on 3/5.

Sue Yates and family on the death of her brother Denny on 3/9.